

J. WESTON  
**WALCH**  
PUBLISHER



**Daily** *warm-ups*

**JOURNAL WRITING**



*Daily Warm-Ups: Journal Writing*

## Happiness

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“Happiness is not a possession to be prized. It is a quality of thought, a state of mind.”

—Daphne du Maurier

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## Ideas

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“I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.”

—Albert Einstein

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## Optimism

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“Walls turned sideways are bridges.”

—Angela Davis

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## Success/Failure

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“Success is to be measured not so much by the position that one has reached in life as by the obstacles which [one] has overcome.”

—Booker T. Washington

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